

If you only take one loop walk along the Sheep's Head Way, then take the lighthouse loop walk. It's an exhilarating walk out to the very tip of the Sheep's Head peninsula where you'll get to take in stunning views over West Cork's bays and peninsulas.

Lighthouse Loop Walk Details

To begin your walk, drive down the Sheep's Head peninsula until you reach the car park at the Bernie's Cupán Tae (tea shop). The road on the peninsula ends here at the Tooreen trailhead where your loop walk begins.

From the car park follow the blue loop walk arrows. Set out in a southwesterly direction on the Dunmanus Bay side of the peninsula. Your route leads you past rocky outcrops and Lough Akeen comes into view on the right. After the helicopter pad, concrete steps lead down the Sheep's Head lighthouse:

Carry on along the peninsula's north side. Views open out over Bantry Bay and there are some spectacular sea cliffs alongside the trail.

At the sign near waymarker no. 272, veer right off the main route. Climb uphill past some famine ruins. The loop leads you back to Bernie's Cupán Tae and the car park at Tooreen.

Start/End Point; **Car park at the end of the road on the Sheep's Head peninsula.**

Difficulty: Moderate

Length: 4.2 kilometres

Time: 1.5 hours (approx)

Metres Climbed: 304 max.

Height: 185m

Terrain: Footpaths, tracks and paved lanes. Steps down to the lighthouse, and close to cliffs.

Facilities: The walk begins and ends at the Cupán Tae tea shop.

Car park and toilet facilities are available here.

